

---

## BodyFit Summer Holiday Classes

Details of the summer holiday timetable are below.

- The last day of the current term is Friday 21<sup>st</sup> July
- The first day of the autumn term is Monday 4<sup>th</sup> September

### BodyFit Class Fees

Adults: Pay As You Go:

- Running **£6.50** per class
- Hall based classes: **£7.00** per class

Students: 'Pay As You Go': **£4** per class both running and hall based

See home page of the [website](#) for the [Summer Class Booking Form](#) and save money by paying in advance

- All hall based classes are at the Methodist Hall
- All running classes meet at the Lakes Home Centre (LHC)

See the BodyFit ['What's on Calendar'](#) for full details.

### PTO for Class Dates:

<b>Jul-17</b>			
		<b>Class</b>	<b>Location</b>
Monday	24	Run: 6:30pm	LHC
Tuesday	25	Run: 9.30am Circuit: 4.30pm Core: 5.50pm	LHC Methodist Hall Methodist Hall
Wednesday	26	Core: 9.30am	Methodist Hall
Thursday	27	Run: 6:00pm	LHC
Friday	28	Core: 9.10am	Methodist Hall
Saturday	29		
Sunday	30		

Monday	31	Run: 6:30pm	LHC
<b>Aug-17</b>			
Tuesday	1	Run: 9.30am Circuit: 4.30pm Core: 5.50pm	LHC Methodist Hall Methodist Hall
Wednesday	2	Core: 9.30am	Methodist Hall
Thursday	3	Run: 6:00pm	LHC
Friday	4	Core: 9.10am	Methodist Hall
Saturday	5		
Sunday	6		
Monday	7	Run: 6:30pm	LHC
Tuesday	8	Run: 9.30am Circuit: 4.30pm Core: 5.50pm	LHC Methodist Hall Methodist Hall
Wednesday	9	Core: 9.30am	Methodist Hall
Thursday	10	Run: 6:00pm	LHC
Friday	11	Core: 9.10am	Methodist Hall
Saturday	12		
Sunday	13		

Monday	14	Run: 6:30pm	LHC
Tuesday	15	Run: 9.30am Circuit: 4.30pm Core: 5.50pm	LHC Methodist Hall Methodist Hall
Wednesday	16	Core: 9.30am	Methodist Hall
Thursday	17	Run: 6:00pm	LHC
Friday	18	No Friday Core	N/A
Saturday	19		
Sunday	20		
Monday	21	Run: 6:30pm	LHC
Tuesday	22	Run: 9.30am Circuit: 4.30pm Core: 5.50pm	LHC Methodist Hall Methodist Hall
Wednesday	23	No Weds Core	N/A
Thursday	24	Run: 6:00pm	LHC
Friday	25	No Friday Core	N/A
Saturday	26		
Sunday	27		

Monday	28	No Classes	N/A
Tuesday	29	No Classes	N/A
Wednesday	30	No Classes	N/A
Thursday	31	No Classes	N/A
<b>Sep-17</b>			
Friday	1	No Classes	N/A
Saturday	2		N/A
Sunday	3		N/A
Monday	4	Start of term	